an estrogenic compound and a progestogenic compound derived from 19-nor-progesterone.--

--22. The method of claim 21 wherein the combination is administered continuously --

--23. The method of claim 21 wherein the combination is administered intermittently.--

--24. The method of claim 21 wherein the estrogen is free or equine estradiol or conjugated equine estrogens.--

--25. The method of claim 2 wherein the estrogen is an ester of estradiol.--

--26. The method of claim 25 wherein the ester of estradiol is estradiol valerate.--

of free or esterified estradiol or an conjugated equine estrogen is administered at a dose ranging from 0.5 to 3 mg per unit dose.--

- --28. The method of claim 27 wherein the free estradiol is administered at a dose of 1.5 mg pre unit dose.--
- --29. The method of claim 27 wherein the ester of estradiol is administered at a dose of 2 mg per unit dosage.--
- --30. The method of claim 27 wherein the conjugated equine estrogen is administered at a dose of 0.625 mg per unit dosage.--
- --31. The method of claim 2 wherein the progestative is nomegestrol acetate.--
- --32. The method of claim 21 wherein the nomegestrol acetate is administered at a dose ranging from 1.5 to 3.75 mg per unit dosage.--